

NOHL Regulations

Revised September 2015

Playing Rules

The league shall conduct games in accordance with the rules established annually by CARHA and the league.

Franchise

Each team in the league shall hold a franchise in good order issued by the President after being approved by the Directors of the Society.

Applications for a new team must be submitted to the league for approval no later than May 31st of the upcoming season. Any teams folding/withdrawing from the league shall notify the league no later than May 31st of the upcoming season.

A \$500.00 cheque must accompany each application, which will be returned if the application is not approved by the Directors of the Society.

If accepted, the \$500.00 will be applied to the performance bond for the new team.

Team Performance Bond

Each team must deposit a \$500.00 team performance bond to be held by the league.

The NOHL reserves the right to request an additional team performance bond for any team deemed to be in default of their dues in addition to any unpaid dues before they can resume league play

Team Rosters

Each team must send a roster with a minimum of 10 full time players (no full time player allowed to be registered on 2 teams) to the league by August 15th of the upcoming season.

Team Fees

The Directors of the Society shall determine the team fees no later than May 31st of each season. First half ADVANCE payment (\$1000.00) team fees must be paid by August 15th of the upcoming season. The balance of first half team fees must be paid in full by September 30th Second half team fees must be paid in full by January 15th of the current season.

The NOHL will assess a 10% late fee to teams failing to pay their team fee balance by the (September 30th and January 15th) due dates.

Cancellation of Games

In the NOHL, there is a "no cancellation" policy.

A team must ice a team comprised of a minimum of 6 eligible players which could include a goaltender or that team will forfeit the game and be responsible for the full cost of the ice and referees.

Eligible Players

All players in the **35+** Division must have attained the age of 35 years old by May 31st of the current season. Female players must have attained the age of 30 by May 31st
Goaltenders must have attained the age of 30 by May 31st

All players in the **45+** Division must have attained the age of 45 years old by May 31st of the current season. Female players must have attained the age of 40 by May 31st
Goaltenders must have attained the age of 40 by May 31st

All players in the **55+** Division must have attained the age of 55 years old by May 31st of the current season. Female players must have attained the age of 50 by May 31st
Goaltenders must have attained the age of 50 by May 31st